

## Workout 10/27/2024 - 08:03 AM

SPORT	DATE	TIME	TEAM	EXERCISE	ATHLETE
Alpine skiing	10/27/2024	8:03 AM	Fall 2024 12-18 Yrs	Ski Training Slalom	53

N°	ID	LAP	GAP
1	NATH	00:19.56	+ 01.13
2	NATH	00:18.84	+ 00.41
3	NATH	00:18.84	+ 00.41
4	NATH	00:18.43	
5	NATH	00:18.68	+ 00.25
1	ISAB	00:22.81	+ 01.77
2	ISAB	00:21.45	+ 00.41
3	ISAB	00:21.19	+ 00.15
4	ISAB	00:23.54	+ 02.50
5	ISAB	00:21.05	+ 00.01
6	ISAB	00:21.04	
1	CATA	00:20.25	+ 00.75
2	CATA	00:20.39	+ 00.89

3	CATA	00:19.95	+ 00.45
4	CATA	00:19.60	+ 00.10
5	CATA	00:19.59	+ 00.09
6	CATA	00:19.50	
1	LIZ	00:22.86	+ 00.21
2	LIZ	00:22.65	
3	LIZ	00:25.31	+ 02.66
1	AIDJ	00:22.34	+ 01.43
2	AIDJ	00:20.91	
1	CART	00:22.87	+ 02.44
2	CART	00:21.27	+ 00.84
3	CART	00:21.16	+ 00.73
4	CART	00:20.43	
1	AMIC	00:26.54	+ 03.03
2	AMIC	00:25.11	+ 01.60
3	AMIC	00:23.85	+ 00.34
4	AMIC	00:23.51	
5	AMIC	00:24.39	+ 00.88
1	LUC	00:20.94	+ 01.16

2	LUC	00:20.13	+ 00.35
3	LUC	00:20.06	+ 00.28
4	LUC	00:19.78	
1	LORE	00:22.51	+ 01.33
2	LORE	00:22.31	+ 01.13
3	LORE	00:22.01	+ 00.83
4	LORE	00:21.18	
5	LORE	00:21.47	+ 00.29
6	LORE	00:22.11	+ 00.93
1	AIDE	00:51.38	+ 29.82
2	AIDE	00:21.56	
1	MACS	00:22.10	+ 01.73
2	MACS	00:21.51	+ 01.14
3	MACS	00:21.26	+ 00.89
4	MACS	00:20.37	
1	TESS	00:23.62	
1	MAX	00:24.38	+ 00.92
2	MAX	00:24.13	+ 00.67
3	MAX	00:23.46	

1	LOVE	00:20.04	+ 00.97
2	LOVE	00:19.23	+ 00.16
3	LOVE	00:19.07	
4	LOVE	00:19.46	+ 00.39
5	LOVE	00:20.31	+ 01.24
1	ARSH	00:19.73	+ 00.40
2	ARSH	00:19.47	+ 00.14
3	ARSH	00:19.33	
4	ARSH	00:19.40	+ 00.07
1	BACH	00:18.53	+ 00.02
2	BACH	00:18.51	
3	BACH	00:18.82	+ 00.31
4	BACH	00:19.06	+ 00.55
1	LEXI	00:17.58	+ 00.38
2	LEXI	00:17.78	+ 00.58
3	LEXI	00:17.21	+ 00.01
4	LEXI	00:17.25	+ 00.05
5	LEXI	00:17.20	
1	GAVI	00:18.07	+ 00.30

2	GAVI	00:17.84	+ 00.07
3	GAVI	00:17.77	
4	GAVI	00:17.93	+ 00.16
1	KAT	00:19.64	+ 00.77
2	KAT	00:18.93	+ 00.06
3	KAT	00:18.87	
4	KAT	00:18.96	+ 00.09
5	KAT	00:19.12	+ 00.25
1	MIMI	00:21.32	+ 00.58
2	MIMI	00:20.74	
1	NATA	00:21.10	+ 00.69
2	NATA	00:21.00	+ 00.59
3	NATA	00:20.48	+ 00.07
4	NATA	00:20.41	
1	WALK	00:17.55	+ 00.75
2	WALK	00:17.29	+ 00.49
3	WALK	00:16.86	+ 00.06
4	WALK	00:16.80	
1	ALEX	00:18.99	+ 00.70

2	ALEX	00:18.99	+ 00.70
3	ALEX	00:18.87	+ 00.58
4	ALEX	00:18.60	+ 00.31
5	ALEX	00:18.29	
1	JULI	00:21.22	
2	JULI	00:22.07	+ 00.85
3	JULI	00:21.72	+ 00.50
4	JULI	00:22.24	+ 01.02
1	PAT	00:19.17	+ 00.09
2	PAT	00:19.18	+ 00.10
3	PAT	00:19.08	
4	PAT	00:19.15	+ 00.07
1	ROB	00:19.19	
2	ROB	00:19.97	+ 00.78
3	ROB	00:19.99	+ 00.80
1	NATE	00:20.95	+ 00.60
2	NATE	00:20.35	
3	NATE	00:20.46	+ 00.11
4	NATE	00:20.75	+ 00.40

5	NATE	00:20.45	+ 00.10
1	MATD	00:20.59	+ 00.56
2	MATD	00:20.77	+ 00.74
3	MATD	00:20.03	
1	SAM	00:22.56	+ 00.11
2	SAM	00:22.45	
1	SAMM	00:19.13	+ 01.09
2	SAMM	00:18.22	+ 00.18
L1	SAMM	00:14.62	
L2	SAMM	00:03.60	
3	SAMM	00:18.10	+ 00.06
4	SAMM	00:18.04	
5	SAMM	00:18.36	+ 00.32
1	DAVI	00:24.71	
2	DAVI	00:25.10	+ 00.39
1	VIOL	00:28.05	+ 00.03
2	VIOL	00:28.02	
1	SERA	00:26.86	+ 00.05
2	SERA	00:26.81	

3	SERA	02:38.13	+ 02:11.32
1	IVER	00:22.82	
1	CARL	00:22.50	+ 00.58
2	CARL	00:22.34	+ 00.42
3	CARL	00:21.92	
4	CARL	00:22.49	+ 00.57
1	TAHL	00:20.23	+ 00.53
2	TAHL	00:20.37	+ 00.67
3	TAHL	00:20.22	+ 00.52
4	TAHL	00:19.70	
1	VAL	00:22.59	+ 00.28
2	VAL	00:22.31	
1	HANN	00:23.44	+ 00.18
2	HANN	00:23.26	
1	EVA	00:30.02	+ 00.02
2	EVA	00:30.00	
1	LUKA	00:22.61	
1	ZACH	00:23.04	
1	MATT	00:20.52	



2	MATT	00:23.07	+ 02.55
1	CHAS	00:23.24	+ 00.27
2	CHAS	00:22.97	
1	UMA	00:29.71	+ 02.03
2	UMA	00:27.68	
3	UMA	00:27.75	+ 00.07
1	LULU	00:25.77	
2	LULU	00:25.99	+ 00.22
1	ALIC	00:25.75	
1	TODD	00:24.75	

# RANKING

POS	ID	TOTAL TIME	LOOP	GAP
-----	----	------------	------	-----

## ROUND 1

1	WALK	00:16.80	1	
2	WALK	00:16.86	1	00.06
3	LEXI	00:17.20	1	00.39
4	LEXI	00:17.21	1	00.41
5	LEXI	00:17.25	1	00.45
6	WALK	00:17.29	1	00.48
7	WALK	00:17.55	1	00.75
8	LEXI	00:17.58	1	00.77
9	GAVI	00:17.77	1	00.96
10	LEXI	00:17.78	1	00.98
11	GAVI	00:17.84	1	01.03
12	GAVI	00:17.93	1	01.12
13	SAMM	00:18.04	1	01.23
14	GAVI	00:18.07	1	01.26
15	SAMM	00:18.10	1	01.29

16	SAMM	00:18.22	1	01.41
17	ALEX	00:18.29	1	01.48
18	SAMM	00:18.36	1	01.55
19	NATH	00:18.43	1	01.63
20	BACH	00:18.51	1	01.71
21	BACH	00:18.53	1	01.73
22	ALEX	00:18.60	1	01.79
23	NATH	00:18.68	1	01.88
24	BACH	00:18.82	1	02.02
25	NATH	00:18.84	1	02.03
26	NATH	00:18.84	1	02.03
27	KAT	00:18.87	1	02.06
28	ALEX	00:18.87	1	02.07
29	KAT	00:18.93	1	02.13
30	KAT	00:18.96	1	02.15
31	ALEX	00:18.99	1	02.18
32	ALEX	00:18.99	1	02.18
33	BACH	00:19.06	1	02.26
34	LOVE	00:19.07	1	02.27

35	PAT	00:19.08	1	02.27
36	KAT	00:19.12	1	02.31
37	SAMM	00:19.13	1	02.32
38	PAT	00:19.15	1	02.35
39	PAT	00:19.17	1	02.37
40	PAT	00:19.18	1	02.37
41	ROB	00:19.19	1	02.38
42	LOVE	00:19.23	1	02.43
43	ARSH	00:19.33	1	02.52
44	ARSH	00:19.40	1	02.59
45	LOVE	00:19.46	1	02.66
46	ARSH	00:19.47	1	02.66
47	CATA	00:19.50	1	02.69
48	NATH	00:19.56	1	02.75
49	CATA	00:19.59	1	02.79
50	CATA	00:19.60	1	02.80
51	KAT	00:19.64	1	02.83
52	TAHL	00:19.70	1	02.89
53	ARSH	00:19.73	1	02.92

54	LUC	00:19.78	1	02.98
55	CATA	00:19.95	1	03.15
56	ROB	00:19.97	1	03.16
57	ROB	00:19.99	1	03.19
58	MATD	00:20.03	1	03.23
59	LOVE	00:20.04	1	03.24
60	LUC	00:20.06	1	03.25
61	LUC	00:20.13	1	03.33
62	TAHL	00:20.22	1	03.42
63	TAHL	00:20.23	1	03.43
64	CATA	00:20.25	1	03.44
65	LOVE	00:20.31	1	03.50
66	NATE	00:20.35	1	03.55
67	MACS	00:20.37	1	03.56
68	TAHL	00:20.37	1	03.56
69	CATA	00:20.39	1	03.59
70	NATA	00:20.41	1	03.61
71	CART	00:20.43	1	03.63
72	NATE	00:20.45	1	03.65

73	NATE	00:20.46	1	03.66
74	NATA	00:20.48	1	03.67
75	MATT	00:20.52	1	03.71
76	MATD	00:20.59	1	03.79
77	MIMI	00:20.74	1	03.94
78	NATE	00:20.75	1	03.95
79	MATD	00:20.77	1	03.97
80	AIDJ	00:20.91	1	04.10
81	LUC	00:20.94	1	04.14
82	NATE	00:20.95	1	04.15
83	NATA	00:21.00	1	04.19
84	ISAB	00:21.04	1	04.24
85	ISAB	00:21.05	1	04.25
86	NATA	00:21.10	1	04.30
87	CART	00:21.16	1	04.35
88	LORE	00:21.18	1	04.38
89	ISAB	00:21.19	1	04.39
90	JULI	00:21.22	1	04.41
91	MACS	00:21.26	1	04.45

92	CART	00:21.27	1	04.47
93	MIMI	00:21.32	1	04.52
94	ISAB	00:21.45	1	04.64
95	LORE	00:21.47	1	04.67
96	MACS	00:21.51	1	04.71
97	AIDE	00:21.56	1	04.76
98	JULI	00:21.72	1	04.92
99	CARL	00:21.92	1	05.12
100	LORE	00:22.01	1	05.20
101	JULI	00:22.07	1	05.26
102	MACS	00:22.10	1	05.30
103	LORE	00:22.11	1	05.30
104	JULI	00:22.24	1	05.44
105	VAL	00:22.31	1	05.50
106	LORE	00:22.31	1	05.51
107	AIDJ	00:22.34	1	05.53
108	CARL	00:22.34	1	05.54
109	SAM	00:22.45	1	05.64
110	CARL	00:22.49	1	05.68

111	CARL	00:22.50	1	05.69
112	LORE	00:22.51	1	05.71
113	SAM	00:22.56	1	05.75
114	VAL	00:22.59	1	05.79
115	LUKA	00:22.61	1	05.81
116	LIZ	00:22.65	1	05.85
117	ISAB	00:22.81	1	06.01
118	IVER	00:22.82	1	06.02
119	LIZ	00:22.86	1	06.05
120	CART	00:22.87	1	06.06
121	CHAS	00:22.97	1	06.17
122	ZACH	00:23.04	1	06.24
123	MATT	00:23.07	1	06.27
124	CHAS	00:23.24	1	06.44
125	HANN	00:23.26	1	06.46
126	HANN	00:23.44	1	06.63
127	MAX	00:23.46	1	06.65
128	AMIC	00:23.51	1	06.70
129	ISAB	00:23.54	1	06.73



130	TESS	00:23.62	1	06.81
131	AMIC	00:23.85	1	07.05
132	MAX	00:24.13	1	07.32
133	MAX	00:24.38	1	07.58
134	AMIC	00:24.39	1	07.59
135	DAVI	00:24.71	1	07.91
136	TODD	00:24.75	1	07.95
137	DAVI	00:25.10	1	08.30
138	AMIC	00:25.11	1	08.30
139	LIZ	00:25.31	1	08.50
140	ALIC	00:25.75	1	08.94
141	LULU	00:25.77	1	08.96
142	LULU	00:25.99	1	09.18
143	AMIC	00:26.54	1	09.73
144	SERA	00:26.81	1	10.01
145	SERA	00:26.86	1	10.06
146	UMA	00:27.68	1	10.88
147	UMA	00:27.75	1	10.94
148	VIOL	00:28.02	1	11.21

149	VIOL	00:28.05	1	11.25
150	UMA	00:29.71	1	12.90
151	EVA	00:30.00	1	13.19
152	EVA	00:30.02	1	13.21
153	AIDE	00:51.38	1	34.57
154	SERA	02:38.13	1	02:21.33

## OVERALL

1	WALK	00:16.80	1	
2	LEXI	00:17.20	1	+ 00.39
3	GAVI	00:17.77	1	+ 00.96
4	SAMM	00:18.04	1	+ 01.23
5	ALEX	00:18.29	1	+ 01.48
6	NATH	00:18.43	1	+ 01.63
7	BACH	00:18.51	1	+ 01.71
8	KAT	00:18.87	1	+ 02.06
9	LOVE	00:19.07	1	+ 02.27
10	PAT	00:19.08	1	+ 02.27
11	ROB	00:19.19	1	+ 02.38

12	ARSH	00:19.33	1	+ 02.52
13	CATA	00:19.50	1	+ 02.69
14	TAHL	00:19.70	1	+ 02.89
15	LUC	00:19.78	1	+ 02.98
16	MATD	00:20.03	1	+ 03.23
17	NATE	00:20.35	1	+ 03.55
18	MACS	00:20.37	1	+ 03.56
19	NATA	00:20.41	1	+ 03.61
20	CART	00:20.43	1	+ 03.63
21	MATT	00:20.52	1	+ 03.71
22	MIMI	00:20.74	1	+ 03.94
23	AIDJ	00:20.91	1	+ 04.10
24	ISAB	00:21.04	1	+ 04.24
25	LORE	00:21.18	1	+ 04.38
26	JULI	00:21.22	1	+ 04.41
27	AIDE	00:21.56	1	+ 04.76
28	CARL	00:21.92	1	+ 05.12
29	VAL	00:22.31	1	+ 05.50
30	SAM	00:22.45	1	+ 05.64

31	LUKA	00:22.61	1	+ 05.81
32	LIZ	00:22.65	1	+ 05.85
33	IVER	00:22.82	1	+ 06.02
34	CHAS	00:22.97	1	+ 06.17
35	ZACH	00:23.04	1	+ 06.24
36	HANN	00:23.26	1	+ 06.46
37	MAX	00:23.46	1	+ 06.65
38	AMIC	00:23.51	1	+ 06.70
39	TESS	00:23.62	1	+ 06.81
40	DAVI	00:24.71	1	+ 07.91
41	TODD	00:24.75	1	+ 07.95
42	ALIC	00:25.75	1	+ 08.94
43	LULU	00:25.77	1	+ 08.96
44	SERA	00:26.81	1	+ 10.01
45	UMA	00:27.68	1	+ 10.88
46	VIOL	00:28.02	1	+ 11.21
47	EVA	00:30.00	1	+ 13.19